



Parent Workshops

Tuesday 10-11am (virtually)

A range of workshops available for parents/ carers of 5-19 year olds, running every Tuesday from 18th May 2021.

- Workshop 1. Parenting Strategies
- Workshop 2. Enuresis (bedwetting)
- Workshop 3. Healthy and Fussy Eating
- Workshop 4. Puberty and Growing Up
- Workshop 5. SEND- Support and Information
- Workshop 6. Self-Esteem and Anxiety

Please call 0300 247 0014 (opt 2) for more information or to book a space. Please note that we will ask for an email address as a point of contact to invite into the virtual workshops.

Services commissioned by: