**SOME OF THE RESOURCES USED TO SUPPORT STUDENTS’ LEARNING IN PSHCEe AT THRIFTWOOD COLLEGE**

(This list is **not** exhaustive)

**RSE (Relationships and Sex Education)**

* **RELATIONSHIPS**
* Information and clips from the Channel Four Sex Education Show
* Sex and Relationships Education Programme KS 3&4 (CSN)
* The new guide to relationships and sex dvd (Life Support Productions)
* PSHE Association resources
* Home Office videos on abusive relationships
* **SEX**
* Information and clips from the Channel Four Sex Education Show
* Sexwise website
* NHS website.
* Contraception kit from the FPA.
* Demonstrators and condoms
* The new guide to relationships and sex dvd (Life Support Productions
* Sex and Relationships Education Programme KS 3&4 (CSN)
* News from the Sex Education Forum

**DRUGS, ALCOHOL, TOBACCO**

* Talk to Frank website
* 2 Smart website
* NHS website
* BBC drugs dvd and resources
* PSHE Association resources
* Direct Gov website on health and wellbeing
* Drink Aware website

**RIGHTS AND RESPONSIBILITIES (including UK Law)**

* UN rights of the child website
* 2 Smart website
* BBC citizenship resources
* CPS resources and film (Crown Prosecution Service)
* BBC TV programme – Is this Rape? Sex on Trial.
* PSHE Association resources

**HEALTH, WELLBEING AND SELF IMAGE**

* Teen issues website
* Eat well website
* Direct Gov website on health and wellbeing
* Channel 4 Living and Growing Series
* NHS website
* Operation Smokestorm (tobacco education)
* Dove – self-image programme - videos and support materials
* Contraception kit from the FPA.
* Material on STI’s and contraception from the Family Planning Association

(FPA).

* Orchid resources and videos (testicular cancer charity)
* Teenage Cancer Trust resources and videos
* Leaflets and animated dvds showing self-examination – testicular self-exam and breast self-examination
* PSHE Association resources
* MB’s personal contacts with the Healthy Schools team
* YGAM (charity training professionals who work young people tackling problem gambling/gaming)
* FIT – a dvd covering gender issues and individuality (Stonewall)
* Mental health resources (Young Minds)
* Home Office videos on abusive relationships
* Am I normal? website

**RESOURCES COVERING SEVERAL PSHCE TOPICS**

* Channel 4’s health website
* Watch Over Me DVD Series
* 2 Smart website
* Really – dvd and support materials dealing with a variety of ‘teen’ issues
* Anatomically correct male and female dolls
* PSHE Association resources

*This list just gives an outline of the resources used. All students are presented with age-appropriate information, but the delivery of this information is chosen to support our students’ understanding and sensitivity. The aim of PSHCEe is to prepare our young people for a confusing, and sometimes scary society and give them the tools and information to make their own decisions.*

*Mary Booker*

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