



INCLUSIVE MULTI-SPORT CHILDREN & YOUNG PEOPLE SESSIONS

During the school holidays we are providing an opportunity for SEND children and young people to participate in physical activity whilst also building important skills for development which are age appropriate and completed in a safe environment.

The session will be delivered by an Occupational Therapist and a Specialist Sports Coach, which will be accessible, adaptive, active and most importantly fun!

This session is run in partnership with Essex Shortbreaks so please quote your child's ID number when booking in.

When & where is the session?

Monday 13th February 2023
at **1.00 – 2.00pm**

Witham Leisure Centre,
Spinks Lane, Witham CM8 1EP

Ages 6-11

How much is it?

£3.50 per participant
per session.

**WITHAM IS A
CASHLESS VENUE**

Anything else I should know?

Anything else I should know? Our delivery is in partnership with Essex Short Breaks who require attendees to submit a unique passport ID number when booking, you can access this number from www.shortbreaks.essex.gov.uk. We strive to achieve inclusion; the session spaces will be available for a child with a unique ID number and spaces will be available for a child without an ID number.

For further information on this children's session, please contact
Megan Potts, Occupational Therapist on 07394 564942
or via email at info@sportforconfidence.com