

About Us

We are a group of parents and carers of children and young people with disabilities and additional needs aged 0-25 who are passionate about empowering parents and influencing the decisions that affect our families.

All together,
better and stronger



Membership is Free – Join us Today

Parents or carers of a child or young person with any type of additional need or disability are welcome to join us.

Please complete our Membership Form, or visit our website and join us online:

Website: www.essexfamilyforum.org

Email: hello@essexfamilyforum.org

Our Aim

We believe it is important to:

- get our voices heard
- ensure our lived experiences bring about positive change
- connect with as many families, groups, networks

*The more members
we have – the louder
our voice!*

Getting Involved

Joining the forum does not mean you have to commit lots of time, you can choose to simply stay informed about our work or to take a more active part – the choice is yours.