

THRIFTWOOD COLLEGE MEALS MENU

Monday	Tuesday	Wednesday	Thursday	Friday
HOT OPTIONS				
Jacket Potato with either: <ul style="list-style-type: none"> • Cheese • Baked Beans • Tuna Mayo 	Pasta with a Tomato Sauce	Jacket Potato with either: <ul style="list-style-type: none"> • Cheese • Baked Beans • Tuna Mayo 	Chicken and Vegetable Curry with Rice	
VEGETARIAN HOT OPTION				
			Vegetable Curry with Rice	
COLD OPTIONS				
Lunch Bag	Lunch Bag	Lunch Bag	Lunch Bag	Lunch Bag
<ul style="list-style-type: none"> • Brown Roll • Filling choice of either: Ham Cheese Egg (Sliced or with Mayo) Tuna Mayo 	<ul style="list-style-type: none"> • Brown Roll • Filling choice of either: Ham Cheese Egg (Sliced or with Mayo) Tuna Mayo 	<ul style="list-style-type: none"> • Brown Roll • Filling choice of either: Ham Cheese Egg (Sliced or with Mayo) Tuna Mayo 	<ul style="list-style-type: none"> • Brown Roll • Filling choice of either: Ham Cheese Egg (Sliced or with Mayo) Tuna Mayo 	<ul style="list-style-type: none"> • Brown Roll • Filling choice of either: Ham Cheese Egg (Sliced or with Mayo) Tuna Mayo
FRUIT/SWEET TREAT/DRINK OPTIONS				
<ul style="list-style-type: none"> • Apple, Pear or Orange • Cookie or Cake • Yogurt • Water, Apple Juice or Orange Juice 	<ul style="list-style-type: none"> • Apple, Pear or Orange • Cookie or Cake • Yogurt • Water, Apple Juice or Orange Juice 	<ul style="list-style-type: none"> • Apple, Pear or Orange • Cookie or Cake • Yogurt • Water, Apple Juice or Orange Juice 	<ul style="list-style-type: none"> • Apple, Pear or Orange • Cookie or Cake • Yogurt • Water, Apple Juice or Orange Juice 	<ul style="list-style-type: none"> • Apple, Pear or Orange • Cookie or Cake • Yogurt • Water, Apple Juice or Orange Juice