

Read and understand time on 12-hour clocks. Write the time.

The Old Hall Hotel leisure club has sessions at various times of the day. Use the timetable to write what time each session starts and finishes.

Session	Start	Finish
Swimming	11 12 1 10 2 10 3 8 4 7 6 5	11 12 1 10 2 10 3 8 4 7 6 5
Circuit training	11 12 1 10 2 9 3 3 8 8 4	11 12 1 10 2 19 3 8 4 7 6 5
Tennis coaching	11 12 1 10 2 10 3 8 4 7 6 5	11 12 1 10 2 10 3 8 4
Weight training	11 12 1 10 2 19 3 3 4 8 4	11 12 1 10 2 18 4 7 6 5

Session	Start	Finish
Swimming		
Circuit training		
Tennis coaching		
Weight training		





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The Old Hall Hotel leisure club has different types of aerobics classes at various times of the day. Use the timetable to write what time each class starts and finishes.

Session	Start	Finish
Early risers	7:30	8:30
High impact aerobics	10:30	[15:00]
Jo's afternoon mix	5:00	3:30
Bums, thighs and tums	6:30	7:45
Low impact aerobics	8: 15	9:30

Session	Start	Finish
Early risers		
High impact aerobics		
Jo's afternoon mix		
Bums, thighs and tums		
Low impact aerobics		

