THRIFTWOOD COLLEGE MEALS MENU WEEK 2 & 4

Week commencing Monday 12th September 2022

**PLEASE TICK ONE OPTION FOR EACH DAY**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Name** | **Name** | **Name** | | **Name** | | | **Name** |
| **Monday** | **Tuesday** | **Wednesday** | | **Thursday** | | | **Friday** |
| **HOT OPTIONS** | | | | | | | |
| Cheeseburger with roasted sweet potato and corn on the cob □ | Chicken pie, roast potato, carrots and broccoli with gravy □ | Lasagne and garlic bread □ | | Chilli con carne with rice □ | | | **COLD OPTION ONLY** |
| **VEGETARIAN HOT OPTION** | | | | | | | |
| Veggie burger with roasted sweet potato and corn on the cob □ |  | | Vegetable pasta with garlic  bread □ | | □ |  | |
| **JACKET POTATO** | | | | | | | |
| Jacket Potato with either: □   * Cheese * Baked Beans * Tuna Mayo | Jacket Potato with either: □   * Cheese * Baked Beans * Tuna Mayo | | Jacket Potato with either: □   * Cheese * Baked Beans * Tuna Mayo | | Jacket Potato with either: □   * Cheese * Baked Beans * Tuna Mayo |  | |
| **COLD OPTIONS** | | | | | | | |
| Sandwich with one filling of  Ham □  Cheese □  Egg Mayo □  Tuna Mayo □  No butter □ | Sandwich with one filling of  Ham □  Cheese □  Egg Mayo □  Tuna Mayo □  No butter □ | Sandwich with one filling of  Ham □  Cheese □  Egg Mayo □  Tuna Mayo □  No butter □ | | Sandwich with one filling of  Ham □  Cheese □  Egg Mayo □  Tuna Mayo □  No butter □ | | | Sandwich with one filling of  Ham □  Cheese □  Egg Mayo □  Tuna Mayo □  No butter □ |
| **DESSERT OPTIONS** | | | | | | | |
| Yoghurt or fruit | Chocolate crispy cake or fruit | Jelly or fruit | | Ice lolly or fruit | | | Crisps, chocolate bar/cake and piece of fruit |

* **Salad bar available Monday-Thursday**
* **Water and sugar-free squash (various flavours) available daily**