THRIFTWOOD COLLEGE MEALS MENU WEEK 2 & 4

Week commencing Monday 12th September 2022

 **PLEASE TICK ONE OPTION FOR EACH DAY**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name** | **Name** | **Name** | **Name** | **Name** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **HOT OPTIONS** |
| Cheeseburger with roasted sweet potato and corn on the cob □ | Chicken pie, roast potato, carrots and broccoli with gravy □ | Lasagne and garlic bread □ | Chilli con carne with rice □  | **COLD OPTION ONLY** |
| **VEGETARIAN HOT OPTION** |
| Veggie burger with roasted sweet potato and corn on the cob □ |  | Vegetable pasta with garlic bread □ | □ |  |
| **JACKET POTATO** |
| Jacket Potato with either: □* Cheese
* Baked Beans
* Tuna Mayo
 | Jacket Potato with either: □* Cheese
* Baked Beans
* Tuna Mayo
 | Jacket Potato with either: □* Cheese
* Baked Beans
* Tuna Mayo
 | Jacket Potato with either: □* Cheese
* Baked Beans
* Tuna Mayo
 |  |
| **COLD OPTIONS** |
| Sandwich with one filling of Ham □Cheese □Egg Mayo □Tuna Mayo □No butter □ | Sandwich with one filling of Ham □Cheese □Egg Mayo □Tuna Mayo □No butter □ | Sandwich with one filling of Ham □Cheese □Egg Mayo □Tuna Mayo □No butter □ | Sandwich with one filling of Ham □Cheese □Egg Mayo □Tuna Mayo □No butter □ | Sandwich with one filling of Ham □Cheese □Egg Mayo □Tuna Mayo □No butter □ |
| **DESSERT OPTIONS** |
| Yoghurt or fruit | Chocolate crispy cake or fruit | Jelly or fruit | Ice lolly or fruit | Crisps, chocolate bar/cake and piece of fruit |

* **Salad bar available Monday-Thursday**
* **Water and sugar-free squash (various flavours) available daily**