

Welcome



to our Activity Programme!

If you are aged 10-18 with learning disabilities and/or additional needs check out the wide range of social activities on offer to you in this programme

Are you 15-25?

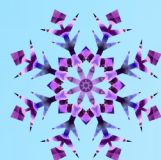
Why not join our Together Club? Get in touch to find out more

Jan-Mar 2023



InterAct

ESSEX



Book and pay for activities online:

www.interact.org.uk/book-online

OR

Tel: 01245 608206

InterAct with us

Join in the fun and make friends with InterAct's friendship and leisure activities.

Group Activities: Whether it's a couple of hours at the movies or a whole day at the zoo, our activity programme is bursting with fun things for young people to do, whilst giving parents/carers a break. We support young people to get out and about in the community, make friends, build new skills and try new activities. We offer a full range of evening and after-school activities throughout the academic year, based in Braintree, Chelmsford, Clacton and Colchester, whilst day trips during school holidays are wider spread. New **InterActors** always welcome!

All our activities are for young people who are registered with InterAct and Essex Short Breaks.

Want to join in? If you are not registered yet, or know someone who would like to join in, please visit our website and download the Registration Form to complete and return. Or just call/email us to have a chat and arrange a '**taster session**'.

If you haven't already registered for Essex Short Breaks all you need to do is visit:

<https://shortbreaks.essex.gov.uk/what-are-short-breaks/>



www.interact.org.uk



01245 608206



Moulsham Mill, Parkway, Chelmsford, Essex, CM2 7PX



InterActEssex



youngpeopleteam@interact.org.uk



@InterActEssex

Please ensure that young people wear **suitable clothing** and are provided with appropriate **food and drink or money** to purchase refreshments, during activities. Please inform staff of any **food allergies or intolerances** before events.

InterAct cannot offer **personal care/one-to-one support**, but young people may bring a carer. Please tick the 'Carer' box when booking and we will contact you to confirm arrangements. Please see our policies at www.interact.org.uk/about-us/safeguarding

Please don't forget to leave us your feedback when booking online. We want you to have your say!

Essex

ACTIVate

Essex ActivAte is the name for the Holiday Activity and Food (#HAF2022) programme across Essex, run by Active Essex, Essex County Council and Thurrock Council, on behalf of the Department for Education. Additional funding is provided by Essex County Council to extend the offer to low income working families who also require support during the school holidays. This programme takes place during the Easter, Summer and Winter holidays. Where possible, Essex County Council provide additional support families during the Half Terms as well.

Great News!

InterAct has been successful in securing funding through the ActivAte Programme for our popular holiday activities! ActivAte is a funded holiday support for eligible young people who are in receipt of benefits based free school meals and based in Mid Essex. You will need a 'Wonde code'. If you haven't already got this code, the Wonde code can be obtained from your school. We do also have access to some limited funding for low income families that may not be entitled to free school meals so please contact us

vickie.perkins@interact.org.uk / 07976 781054 or Susie.nankivell@interact.org.uk / 07763 777211

To discuss how this may help your family access our activity programme. If you feel that any of the above applies to your family and have already booked or are thinking of booking one or more of our holiday activities please do get in touch. Bookings are available at:

<https://www.interact.org.uk/book-online/holiday-activities>

InterAct

Term Time Activities - Braintree (Tuesdays)

InterAct


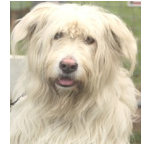





The Braintree group meet weekly on Tuesdays in term time at Chapel Hill Youth Centre, Chapel Hill, Braintree, CM7 3QZ.

All activities are chosen by the young people who attend the group.

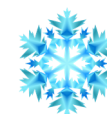
Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - Sophie Hancock 07497 611313

Date	Time		Activity	Cost		Where to meet	Additional info
Tuesday 10 January	6:30pm — 8:30pm		Modelling Clay - get creative and design animals, dinosaurs, mugs or trinket bowls.	£9	TP 1640	Chapel Hill Youth Club Braintree, CM7 3QZ	
Tuesday 17 January	6:30pm — 8:30pm		PAT a dog and film night - relax in the company of a friendly dog and watch a film.	£9	TP 1641	Chapel Hill Youth Club Braintree, CM7 3QZ	
Tuesday 24 January	6:30pm — 8:30pm		Chinese New Year - celebrate the Year of the Rabbit and try some tasty Chinese food.	£9	TP 1642	Chapel Hill Youth Club Braintree, CM7 3QZ	
Tuesday 31 January	6:30pm — 8:30pm		Bowling and Pool - bowl a strike with friends and play a game of pool.	£14	TP 1643	Braintree Namco Funscape	
Tuesday 07 February	6:30pm — 8:30pm		Afternoon Tea and crafts - come along and have an afternoon tea and crafting.	£9	TP 1644	Chapel Hill Youth Club Braintree, CM7 3QZ	
			Turn to page 19 to see what we have planned for your February half term fun				



Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206



Term Time Activities - Braintree (Tuesdays)

InterAct





The Braintree group meet weekly on Tuesdays in term time at Chapel Hill Youth Centre, Chapel Hill, Braintree, CM7 3QZ.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - Sophie Hancock 07497 611313

Date	Time		Activity	Cost		Where to meet	Additional info
Tuesday 21 February	6:30pm — 8:30pm		Italian night - Come along and cook up a yummy Spaghetti Bolognese with a side of garlic bread.	£9	TP 1645	Chapel Hill Youth Club Braintree, CM7 3QZ	
Tuesday 28 February	6:30pm — 8:30pm		Charlie and the Chocolate Factory - design your own chocolate bar using your wildest imagination .	£9	TP 1646	Chapel Hill Youth Club Braintree, CM7 3QZ	
Tuesday 07 March	6:30pm — 8:30pm		Kaspa's - meet your friends and choose your favourite dessert or create your own choosing ice cream and your toppings.	£12	TP 1647	59 High St, Braintree CM7 1JX	
Tuesday 14 March	6:30pm — 8:30pm		Mothers day crafts - design a card and a jute bag for your loved one.	£9	TP 1648	Chapel Hill Youth Club Braintree, CM7 3QZ	
Tuesday 21 March	6:30pm — 8:30pm		Pizza Party - join your friends as we choose your favourite pizza from the takeaway menu.	£12	TP 1649	Chapel Hill Youth Club Braintree, CM7 3QZ	
Tuesday 28 March	6:30pm — 8:30pm		Easter Egg hunt - Easter has arrived early and eggs are hidden around the youth club.	£9	TP 1650	Chapel Hill Youth Club Braintree, CM7 3QZ	

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Term Time Activities - Colchester (Tuesdays)

The Colchester group meet weekly on Tuesdays in term time at the Stanway Youth Centre, Winstree Road, CO3 0QA.



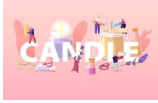


All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - Heather Grosu 07722 043830

InterAct



Date	Time		Activity	Cost		Where to meet	Additional info
Tuesday 10 January	6:30pm — 8:30pm		Animal Antics - They're back with us the wonderful animals are coming back for you to enjoy.	£9	TP 1651	Stanway Youth Centre Winstree Road CO3 0QA	
Tuesday 17 January	Times TBC		Circus - Join us with all the fun of the circus.	£4	TP 1652	Charter Hall Colchester	Please bring money for drinks & snacks
Tuesday 24 January	6:30pm — 8:30pm		Make Candles - Craft a lovely candle for you take home.	£9	TP 1653	Stanway Youth Centre Winstree Road CO3 0QA	
Tuesday 31 January	6:30pm — 8:30pm		Escape Rooms at the centre - Challenge yourself to an escape room based at Stanway.	£9	TP 1654	Stanway Youth Centre Winstree Road CO3 0QA	
Tuesday 07 February	6:30pm — 8:30pm		Make your own pizzas - Create, make and eat your own creations with your friends.	£9	TP 1655	Stanway Youth Centre Winstree Road CO3 0QA	
			Turn to page 19 to see what we have planned for your February half term fun				



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Term Time Activities - Colchester (Tuesdays)

InterAct



The Colchester group meet weekly on Tuesdays in term time at the Stanway Youth Centre, Winstree Road, CO3 0QA.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator - Heather Grosu 07722 043830

Date	Time		Activity	Cost		Where to meet	Additional info
Tuesday 21 February	6:30pm — 8:30pm		Bowling - Bowl a strike and have fun with your friends.	£15	TP 1656	Ten pin bowling Cowdray Ave CO1 1YH	
Tuesday 28 February	6:30pm — 8:30pm		Cake Decorating - Create a masterpiece cup cake. Make your cup cake your way, and eat it all up for a tasty treat.	£9	TP 1657	Stanway Youth Centre Winstree Road CO3 0QA	
Tuesday 07 March	6:30pm — 8:30pm		Card Making - Glitter & glue and fun things to do. Make a card for someone special.	£9	TP 1658	Stanway Youth Centre Winstree Road CO3 0QA	
Tuesday 14 March	6:30pm — 8:30pm		Toby Carvery - Why wait until Sunday, enjoy a tasty roast with your friends.	£18	TP 1659	Stanway Youth Centre Winstree Road CO3 0QA	
Tuesday 21 March	6:30pm — 8:30pm		Prize Bingo - come along for some fun filled prize bingo.	£9	TP 1660	Stanway Youth Centre Winstree Road CO3 0QA	
Tuesday 28 March	6:30pm — 8:30pm		Easter Egg Hunt - Will you find all the hidden eggs? Have fun finding as many eggs as you can with your friends.	£9	TP 1661	Stanway Youth Centre Winstree Road CO3 0QA	



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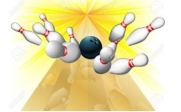





Term Time Activities - Chelmsford (Wednesdays)

InterAct



The Chelmsford group meet weekly on Wednesdays in term time at the Aspire Centre, Moulsham Mill, Chelmsford, CM2 7PX, as well as out in the community at fun venues around Chelmsford. All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.
Activity Coordinator—Charleigh Summerbell 07906 363429

Date	Time		Activity	Cost		Where to meet	Additional info
Wednesday 11 January	6:45pm — 8:45pm		Ice skating - At Riverside, skate along to your favourite songs.	£10	TP 1662	Meet at Riverside skating	Please bring extra money for food & drinks if you would like them
Wednesday 18 January	6:00pm — 8:30pm		Bowling at Namco Braintree - Bowl a strike and have fun with friendly competition.	£14	TP 1663	Meet at Aspire 6:00pm -8:30pm	Minibus pick up/return Aspire
Wednesday 25 January	6:30pm — 8:30pm		Kaspas Desserts - Yummy scrummy treats, waffles, crepes and fabulous milkshakes plus some fun table games.	£12	TP 1664	Meet at Kaspas desserts	
Wednesday 01 February	6:30pm — 8:30pm		Geek Retreat - Pokemon evening. Come and join in the Pokemon fun with your friends at this trendy games café.	£10	TP 1665	Meet at Aspire 6:30pm -8:30pm	Please bring extra money for Snacks & drinks
Wednesday 08 February	5:30pm — 8:30pm		Clip N Climb & Arcades - Heading to Namco Braintree for an evening of climbing and arcade fun.	£15	TP 1666	Meet at Aspire 5:30pm -8:30pm	Minibus pick up/return Aspire Please bring extra change for arcades
Turn to page 19 to see what we have planned for your February half term fun							



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Term Time Activities - Chelmsford (Wednesdays)

InterAct



The Chelmsford group meet weekly on Wednesdays in term time at the Aspire Centre, Moulsham Mill, Chelmsford, CM2 7PX, as well as out in the community at fun venues around Chelmsford. All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet. Activity Coordinator—Charleigh Summerbell 07906 363429

Date	Time		Activity	Cost		Where to meet	Additional info
Wednesday 22 February	6:00pm — 8:45pm		Madison Heights Bowling - all the fun you can have bowling on the lanes in Maldon. Will you get a strike?	£17	TP 1667	Meet at Aspire. 6:00pm-8:45pm	Minibus pick up/return Aspire
Wednesday 01 March	6:30pm — 8:30pm		Counter Culture Games - fabulous board games come to us!	£9	TP 1668	Moulsham Mill. CM2 7PX	
Wednesday 08 March	5:45pm — 7:15pm		Jump Street - Bounce along and have fun with your friends. Can you somersault?	£17	TP 1669	Jump Street Dukes Park CM2 6UD	Meet at 5:45-7:15
Wednesday 15 March	6:30pm — 8:30pm		Geek Retreat - Pokemon evening. Come and join in the Pokemon fun with your friends at the trendy games café.	£10	TP 1670	Meet at Geek Retreat, bring along your favourites	Please bring extra money for Snacks & drinks
Wednesday 22 March	6:30pm — 8:30pm		Meal out in Chelmsford - Dine at the famous Toby Carvery for a yummy roast with all your friends.	£16	TP 1671	Meet at Toby Carvery CM2 6AD	.
Wednesday 29 March	6:15pm — 8:30pm		Easter Crafts - Ceramics on the Hop. Make a special Easter pressie for someone special.	£10	TP 1672	Minibus Meet @ Aspire 6:15-8:30pm	Please bring extra £10-£20 for pottery



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Term Time Activities - Clacton (Wednesdays)

InterAct








The Tendring group meet weekly on Wednesdays in term time at Clacton Youth Club, 180 Old Road, Clacton CO15 3AY.

All activities are chosen by the young people who attend the group.

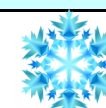
Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator—Marie Jervis 07813 582614 & Heather Grosu 07722 043830

Date	Time		Activity	Cost		Where to meet	Additional info
Wednesday 11 January	6:30pm — 8:30pm		Sports and Games - come and have fun with your friends in the sports hall with ball games and space hoppers. We will also have a visit from special police officer tonight - learn about keeping yourself safe.	£9	TP 1673	Green Lodge Youth Centre	
Wednesday 18 January	6:30pm — 8:30pm		Escape rooms at the Centre - compete with your friends or work as a team to solve puzzles and win a prize.	£9	TP 1674	Green Lodge Youth Centre	
Wednesday 25 January	6:30pm — 8:30pm		Bowling - Can you get a strike?	£18	TP 1675	Clacton Pavilion bowl, Marine Parade East, CO15 1PT	2 Games of bowling included
Wednesday 01 February	6:30pm — 8:30pm		Animals Antics - We welcome Fern and her furry friends again.	£9	TP 1676	Green Lodge Youth Centre	
Wednesday 08 February	6:30pm — 8:30pm		Games Galore - Play card games and board games.	£14	TP 1677	Green Lodge Youth Centre	Price includes a meal and soft drink
			Turn to page 19 to see what we have planned for your February half term fun				



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Term Time Activities - Clacton (Wednesdays)

InterAct









The Tendring group meet weekly on Wednesdays in term time at Clacton Youth Club, 180 Old Road, Clacton CO15 3AY.

All activities are chosen by the young people who attend the group.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Activity Coordinator—Marie Jervis 07813 582614 & Heather Grosu 07722 043830

Date	Time		Activity	Cost		Where to meet	Additional info
Wednesday 22 February	6:30pm — 8:30pm		Meal Out - at Charnallies Restaurant.	£18	TP 1678	Charnallies Restaurant, 1-5, Pier Avenue CO151QB	Includes a meal and drink.
Wednesday 01 March	6:30pm — 8:30pm		Slime - Enjoy making your own slime creations.	£9	TP 1679	Green Lodge Youth Centre	
Wednesday 08 March	6:30pm — 8:30pm		Card making - make a card for that special someone in your life.	£9	TP 1680	Green Lodge Youth Centre	
Wednesday 15 March	6:30pm — 8:30pm		Afternoon Tea - Help prepare High Tea with lots of delicious treats, then serve your parents, parents, carers and friends. Donations to Comic Relief.	£9	TP 1681	Green Lodge Youth Centre	
Wednesday 22 March	6:30pm — 8:30pm		Mini Golf - Can you get a hole in one?	£10	TP 1682	Clacton Pier	
Wednesday 29 March	6:30pm — 8:30pm		Easter Crafts - Colouring and creating Easter treats and decorations. Also we expect another visit from the special police officer.	£9	TP 1683	Green Lodge Youth Centre	



Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206



Meet interAct's Young People Team



Susie Nankivell

07763 777211

Chief Executive Officer



Vickie Perkins

07976 781054

Project Manager



Heather Grosu

07722 043830

Activity Coordinator



Marie Jervis

07813 582614

Activity Coordinator



Mandy Pond

07535 855431

Activity Coordinator

We have the enthusiasm, commitment, confidence and ability to identify with young people;; we are passionate about our work and wish to inspire young people to achieve their full potential. We know from feedback that time spent at InterAct activities makes a positive difference to the whole family.



Charleigh Summerbell

07906 363429

Activity Coordinator



Peter Dilley

07506 566841

Safe Guarding lead



Christian Mann

07957 185945

Community
Engagement
Coordinator



Andrea Gaskell

01245 608206

Administrator



Available to book now

InterAct

Our vastly subsidised all inclusive family spring break in the heart of Surrey Hills

3rd-5th April 2023

Transport & accommodation, daytime & evening activities included.



Breakfast, packed lunch & evening meals are provided by an on site chef.



With a small contribution of £60 per family

InterAct has been very lucky in securing a 2 night break away for our families to come together and share the great outdoors at Holmsbury youth hostel, in the beautiful Surrey Hills.

With So Sussex providing all the day & evening activities

<https://www.yha.org.uk/hostel/yha-holmsbury-st-mary-surrey-hills>

Shelter building, pond dipping, open fire cooking, nature earth walks, team challenges, bush craft, archery, fun for all the family to enjoy.

Contact us for more information

youngpeopleteam@interact.org.uk or 01245-608206

Or book below through our online booking system

interact.org.uk/book-online





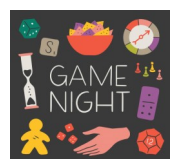
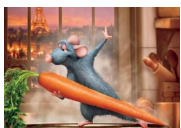


Term Time Virtual Activities — (Thursdays 6 -7pm)



The Term Time virtual activities are meeting fortnightly on a Thursday via Zoom at 6pm. Online Activities include cookery sessions, quizzes, Kahoot

Our Activity Coordinators will keep in touch with parents/carers during the week to confirm details of the upcoming activity.

Activity Coordinators: *Vickie: 07976-781054 Charleigh: 07906-363429 Heather: 07722 043830 Christian: 07572 185945*

Date	Time		Activity	Cost		Where to meet	Additional info
Thursday 12 January	6:00pm — 7:00pm		Quiz night - play a variety of PowerPoint and online quizzes.	£3	TP 1684	Joining details will be sent out each week	
Thursday 26 January	6:00pm — 7:00pm		Cook along together - join in and cook along with your friends.	£3	TP 1685	Joining details will be sent out each week	An ingredient list will be sent to you by text message
Thursday 09 February	6:00pm — 7:00pm		Game night - Play a variety of classic games including charades, 21 questions and name that song.	£3	TP 1686	Joining details will be sent out each week	
Thursday 23 February	6:00pm — 7:00pm		Cook along together - join in and cook along with your friends.	£3	TP 1687	Joining details will be sent out each week	An ingredient list will be sent to you by text message
Thursday 16 March	6:00pm — 7:00pm		Quiz night - play a variety of PowerPoint and online quizzes.	£3	TP 1688	Joining details will be sent out each week	
Thursday 30 March	6:00pm — 7:00pm		Cook along together - join in and cook along with your friends.	£3	TP 1689	Joining details will be sent out each week	An ingredient list will be sent to you by text message



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Term Time Activities — Chelmsford COZ Club (Fridays)

COZ CLUB — Chill out with friends at COZ Club every Friday during term time, at the Galleywood YC, Watchhouse Road, CN2 8PT

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity

Activity Coordinator — Mandy Pond 07535 855431



Date	Time		Activity	Cost		Where to meet	Additional info
Friday 13 January	5:30pm — 8:30pm		Sewing with Kat - enjoy a fun sewing activity led by our visiting craft expert, Kat.	£9	TP 1690	Galleywood YC Watchhouse Rd Chelmsford CM2 8PT	
Friday 20 January	5:30pm — 8:30pm		Chinese New Year - celebrate Chinese New Year by cooking some tasty Chinese food to eat with your friends.	£9	TP 1691	Galleywood YC Watchhouse Rd Chelmsford CM2 8PT	
Friday 27 January	5:30pm — 8:30pm		Bingo Night - who will be lucky with the numbers and win one of the prizes?	£9	TP 1692	Galleywood YC Watchhouse Rd Chelmsford CM2 8PT	
Friday 03 February	5:30pm — 8:30pm		Celebrate World Nutella Day - we will bake some tasty treats featuring chocolate/hazelnut spread. Yummy!	£9	TP 1693	Galleywood YC Watchhouse Rd Chelmsford CM2 8PT	Please advise us if you have an allergy to hazelnuts
Friday 10 February	5:30pm — 8:30pm		Yoga Session - our visiting yoga instructor will guide us through a relaxing yoga session.	£9	TP 1694	Galleywood YC Watchhouse Rd Chelmsford CM2 8PT	Please bring a towel to lie on (or a yoga mat if you have one!).
			Turn to page 19 to see what we have planned for your February half term fun				



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Term Time Activities — Chelmsford COZ Club (Fridays)

COZ CLUB — Chill out with friends at COZ Club every Friday during term time, at the Galleywood YC, Watchouse Road CN2 8PT

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity

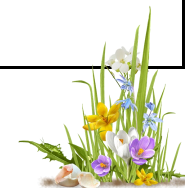
Activity Coordinator — Mandy Pond 07535 855431



Date	Time		Activity	Cost		Where to meet	Additional info
Friday 24 February	5:30pm — 8:30pm		Afternoon Tea Evening - make your own scones then enjoy eating them warm with your choice of butter, jam and cream.	£9	TP 1695	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 03 March	5:30pm — 8:30pm		Shadow Box Frame Art - create your own little masterpiece inside a shadow box frame.	£9	TP 1696	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 10 March	5:30pm — 8:30pm		Sausage Roll Baking - we will make 2 different types of sausage roll to enjoy together.	£9	TP 1697	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 17 March	5:30pm — 8:30pm		Mother's Day Plant Pot - decorate a plant pot then plant some spring flowers in it to make a lovely gift for your mothers/carers for Mother's Day.	£9	TP 1698	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 24 March	5:30pm — 8:30pm		InterAct's Got Talent - take to the stage to perform a song, dance, tell a joke or show off some other talent! If you are too shy to perform, you can just sit back and enjoy the show!	£9	TP 1699	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	
Friday 31 March	5:30pm — 8:30pm		Wax Resist Art - we will be using wax crayons and watercolour paints to create some beautiful artwork.	£9	TP 1700	Galleywood YC Watchouse Rd Chelmsford CM2 8PT	



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Term Time Activities — Colchester COZ Club (Fridays)

COZ CLUB — Chill out with friends at COZ Club every Friday during term time at Stanway Youth Centre, Winstree Road, CO3 0QA.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity.

Activity Coordinator — Heather Grosu 07722 043830



Date	Time		Activity	Cost		Where to meet	Additional info
Friday 13 January	5:30pm — 8:30pm		Sports and Games - Enjoy basketball, rounders, table football and other games at the Youth Centre.	£9	TP 1701	Stanway Youth Centre Winstree Road CO3 0QA	
Friday 20 January	5:30pm — 8:30pm		Karaoke - Belt out your favourite songs with your friends.	£9	TP 1702	Stanway Youth Centre Winstree Road CO3 0QA	
Friday 27 January	5:30pm — 8:30pm		Ultimate Warrior - Take on the challenges at Ultimate Ninja UK, followed by a visit to McDonalds.	£26.50	TP 1703	Ultimate Ninja UK 259 Greenstead Road, CO1 2SJ	Pick up at McDonalds Cowdray Avenue
Friday 03 February	5:30pm — 8:30pm		Prize Bingo - Compete with the group to earn a prize.	£9	TP 1704	Stanway Youth Centre Winstree Road CO3 0QA	
Friday 10 February	5:30pm — 8:30pm		Lava Lamps - Get creative with colour to make these iconic items.	£9	TP 1705	Stanway Youth Centre Winstree Road CO3 0QA	
			Turn to page 19 to see what we have planned for your February half term fun				



Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206









Term Time Activities — Colchester COZ Club (Fridays)

COZ CLUB — Chill out with friends at COZ Club every Friday during term time at Stanway Youth Centre, Colchester.

Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity

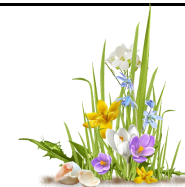
Activity Coordinator — Heather Grosu 07722 043830



Date	Time		Activity	Cost		Where to meet	Additional info
Friday 24 February	5:30pm — 8:30pm		Parachute Fun - Enjoy crazy activities with our giant parachute.	£9	TP 1706	Stanway Youth Centre Winstree Road CO3 0QA	
Friday 03 March	5:30pm — 8:30pm		After Hours at the Castle - Fantastic, complete fun and interactive puzzles to free a princess from the Castle Dungeon! We will follow this up with a visit to Kaspas deserts.	£33	TP 1707	Colchester Castle Pick up Kaspas	Includes Activity, one desert and one drink.
Friday 10 March	5:30pm — 8:30pm		Potions - Weird science or magic?	£9	TP 1708	Stanway Youth Centre Winstree Road CO3 0QA	
Friday 17 March	5:30pm — 8:30pm		Make your own Pizza - Get creative as you personalise your own supper!	£9	TP 1709	Stanway Youth Centre Winstree Road CO3 0QA	
Friday 24 March	5:30pm — 8:30pm		Easter Fun - Create Easter nests in the Centre.	£9	TP 1710	Stanway Youth Centre Winstree Road CO3 0QA	
Friday 31 March	5:30pm — 8:30pm		Enjoy Easter Crafts - followed by a visit from Fern and her animals.	£9	TP 1711	Stanway Youth Centre Winstree Road CO3 0QA	



Book & pay for activities online: www.interact.org.uk/book-online or 01245 608206



InterAct's February Half Term

Date		Activity	Cost	Ref	Minibus Pickups / Meeting points	Additional info
Monday 13 February		Football Stadium Tour -Fantastic opportunity to visit a state of the art professional football stadium. Whichever team you support this is your chance to visit the changing rooms, dugouts.	£45	HP 435	Minibus from Colchester United Football Stadium, CO4 5UP Meet at Moulsham Mill, Chelmsford, CM2 7PX: Times/info will be sent out via text the day before	Please bring a packed lunch, snacks and drinks
Wednesday 15 February		River Thames cruise & British Museum -Exciting London trip with a wonderful Thames river cruise seeing all the sites in London from the River Thames . Followed by a trip back in time to The British Museum.	£40	HP 436	Minibus from Colchester United Football Stadium, CO4 5UP Meet at Moulsham Mill, Chelmsford, CM2 7PX: Times/info will be sent out via text the day before	Please bring a packed lunch, snacks and drinks
Thursday 16 February		Ministry of Science -Expect 20ft liquid Nitrogen clouds, exploding Oxygen & Hydrogen balloons, fire tornados, hydrogen bottle rockets, ignited Methane and even a self-built hovercraft! What could be more fun! With a walk along the seafront for a tasty treat.	£31	HP 437	Minibus from Colchester United Football Stadium, CO4 5UP Meet at Moulsham Mill, Chelmsford, CM2 7PX: Times/info will be sent out via text the day before	Please bring packed lunch snacks & drinks
Friday 17 February		Clip N Climb Mega extreme & Escape rooms - the Leap of Faith: you climb a ladder to a platform that's up to 5 metres high ,the Vertical Drop Slide: you are hoisted up the slide to a height of 8 metres. 32 individually themed climbing challenges. Followed by a crazy escape room challenge.	£45	HP 438	Minibus from Colchester United Football Stadium, CO4 5UP Meet at Moulsham Mill, Chelmsford, CM2 7PX: Times/info will be sent out via text the day before	Please bring packed lunch snacks & Drinks

All activities are all day activities and will be available to book from **December** , so please be quick to reserve your places and avoid disappointment.

We can only offer a refund on holiday activities when the activity is fully booked and if we are we are able to fill your place . In this instance

please email cancellations@interact.org.uk

A selection of the fun we had in the October Half Term



InterAct