Duke of Edinburgh

This term we have been working on cooking for our skills section of the award. Could you make yourself a simple meal for your breakfast or lunch.

You could make:

Pasta with your choice of sauce or toppings

The ultimate toastie (using any leftovers from the fridge)

Salad using cutting skills

Or choose your own meal using foods that you have in your kitchen.

This term we have also been working on volunteering within our community. Could you have a go at volunteering in your own community.

You could:

Do some litter picking at your local park (remember your gloves, bag and hand sanitizer)

Call an elderly relative that might like some company or a chat

Sort the recycling at home

Help a younger sibling with their homework or a game

Help your parents or carers with chores around the house