# **Educate Challenge Prepare**

#### Thriftwood Careers Programme





Preparing our learners for their future is integral to our all that we do at Thriftwood. Our goal is to equip our students with the necessary skills to pursue further education, internships, and employment opportunities, as we aim to prepare them for successful careers.

The following are examples of provider access opportunities that may be facilitated by Thriftwood and available to both KS4 and KS5 students:

- a) Careers Fairs: External providers may be invited to attend careers fairs, where they can set up stalls and interact with students to provide information about their specialist education offerings.
- b) Guest Speakers: Providers may be invited to deliver presentations or workshops to students, focusing on specific subject areas, industries, or career pathways.
- c) Taster Sessions: External providers may offer taster sessions or workshops, giving students the opportunity to experience their courses or programs in a practical, hands-on manner.
- d) Work Experience and Internships: Providers may collaborate with the school to offer work experience placements or internships for students, providing valuable real-world experience and insight into specific industries or sectors.
- e) Information Evenings: Providers may be invited to participate in information evenings, where parents and students can learn more about the range of specialist education opportunities available.



Learning and Employment



Personal Development and Independence



Healthy Life and Good Choices



Relationships and Community

#### **Programme of Study**

KS4 students will have half-term-long "tasters" of our Options curriculum, which aims at developing their skills in teamwork, communication, problem solving, organisation, leadership, motivation, patience, politeness, self-regulation, and empathy. They will develop these skills within a range of subject areas such as business and enterprise, performing arts, hospitality and catering, design and make, sports and leisure, ICT, art and horticulture. When they join KS5 they will choose two subjects to specialise in; two in year 12, and then another two subjects in year 13. Many of these subjects will have a strong element of workplace experience with visits and visitors scheduled throughout the year.

The KS5 curriculum has a strong focus on Preparation for Adulthood and careers focused teaching. Students will study subjects such as Moving On, Get A Life, Well-Being and PSHCE, which all aim at preparing our students for taking the next step (see next page for more details).

We have developed a Curriculum Framework called "Fundamentals for the Future" upon which all our subject areas are built. This framework consists of all the key skills we believe are essential for our pupils to lead an independent, healthy and purposeful life. The framework is set out under the Preparation for Adulthood titles and links to the areas with Education Health Care Plans (EHCP). This framework is taught both discreetly and also within/through other subject areas. Pupil progress within the framework is tracked. On top of this, our approach towards the EHC Annual Review process is very much geared towards preparation for adulthood.

## Moving On (Preparing for the next step)

- Skills and Qualities for the workplace
- Letter writing, CV's, interview techniques, telephone skills and application forms
- Further Education Research and how to apply
- Career progression where to gain information, advice and guidance available
- Local and international employment opportunities
- Employment rights and responsibilities

## Get A Life (Preparing for adulthood)

- Travelling independently and safely
- Financial decisions and effective budgeting
- Applying for a bank account and saving options
- Researching social activities and their cost
- Life skills housework, food shopping, cooking
- Managing contracts mobile phone/apps etc
- Salary deductions tax, national insurance, pensions etc
- Managing personal safety home/socially/travelling
- Where to access support
- Basic first aid Awareness of emergency services – when to summon

### Well-Being (Mental Health Awareness)

- Recognising common mental health issues
- Managing stress and anxiety
- Recognising support available
- Monitoring personal health and well being
- Maintaining a healthy diet and lifestyle
- Maintaining work-life balance exercise and sleep
- Hobbies/Interests
- Positives and negatives of Social Media
- Body image
- Bereavement
- Self-Harm

#### PSHCE (Preparing for Society)

- Relationship values, healthy and unhealthy
- Forming and maintaining respectful relationships
- Puberty
- Sex Education
- Consent
- Contraception and parenthood
- Bullying and discrimination
- Online Safety
- Sexuality and Gender
- Recognising differences:
  Culture/Religion/Race/Age/
- Sex/Disability
- Social Influences
- Drug and Alcohol Awareness

#### **Options**

- Students will be given the opportunity to choose two subjects of interest to study on a Tuesday and Wednesday afternoon.
- They can choose from the following:
  - Performing Arts, Photography, Hospitality & Catering, Design and Make, Sports and Leisure, ICT, Art, and Horticulture
- Each subject has a curriculum geared toward developing transferable skills for employment or further education.
- Each week, a student is awarded "Learner of the Week" based on a set of traits desirable in the workplace

#### **Community Learning**

- Community Learning is an opportunity for all students to develop their independence by:
  - Learning how to stay safe in the community
  - Trying new activities
  - o Developing independence skills
  - Going to new places
  - o Developing communication skills
  - Developing new friendships
  - Transferring skills learnt in college into real life situations
- There are four groups that take part in off-site learning:
  - Chelmsford City Centre Group
  - Travel and Safety Group
  - Other Towns/Places Group
  - Activities Group

