2021-22

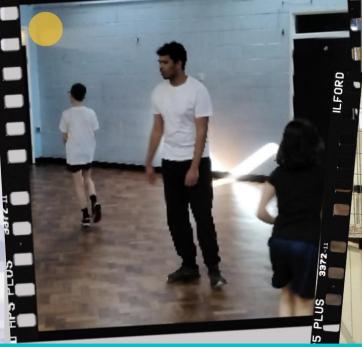


WORKING IN THE COMMUNITY



IN THIS ISSUE

- WORK **EXPERIENCE**
- VOLUNTEERING





EDUCATE-CHALLENGE-PREPARE



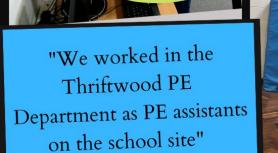


Where did we do our work experience?

> "I was given a cleaning job at the SEAX Trust"

"We worked with the Thriftwood IT Department on the School & College Site"

Sean



Harry

Albert, Nick & Emily

Harley



"I was thinking, 'I hope nothing goes wrong!"

Harley

"I was feeling nervous and excited" Nick

"Everbody was really kind and welcoming"

"I really looked forward to it!"

Joshua

Albert

"I thought, 'I don't know whether I can do this"

Harry

"I helped set up a new Acer laptop"

They all welcomed me. It was a bit strange having a cup of tea at break times in the staff room

Enily

Matthew



Some of the HEALTH



SAFETY

RULES we followed



"I made sure the wires weren't a trip hazard"

"I had to make sure the pupils were using the equipment in the right way"

"I had to know where the fire extinguishers were"

"Making sure I wear rubber gloves when handling the bleach"



"When clearing rubbish outside I had to wear protective gloves"



"I have to disinfect my shoes when I'm at the kennels so that the dogs and myself stay safe from bugs"





"I made sure I didn't have a drink next to the laptop I was working on just in case I spilled it on the electrics"



Walking the dogs

Vacuuming the offices

Taking a hard drive out

Tidying the PE cupboard

Cleaning the toilets

Explaining the rules to pupils

Work Tasks Changing the tyres

Demonstrating how to balance

Cleaning the Lennels

Emptying the bins

Stacking the chairs and moving them

Putting on Microsoft software on the laptop Serving the customers

Carrying out instructions

Putting the climbing frame out

Page

What did I learn about myself?

"I learned that I could stick at a job and overcome my anxieties

Harry

"I've learned that I could do this job in the future. 1 think I'm braver and more contident as a person" Harley

I was proud of being able to help the pupils Page 06

"I learned I couldn't have a break when I wanted. I was really happy to work all the sessions I was given"

Nick

"I've learned that I don't really like messy jobs but I am reliable and always attend

work"

Joshua

"I learned how difficult it is to teach. I was really proud of being able to help pupils understand"

Albert

"I learned that I can get into work early. (7:00 AM). Ifind Lalso do more jobs around the house"

Sam



Chestnut Cottage



Over the college year the Duke of Edinburgh group have been volunteering once a week to maintain the grounds of Chestnut Cottage



Chestnut Cottage



What the Volunteers said

INITIAL THOUGHTS

I was looking forward to helping other people

Ethan

We felt OK!

Joshua & Fiona

We felt a bit Nervous

James & Alice

I felt nervous and worried about what to do Enily

I was happy! Jasmine

WHAT SKILLS DID WE LEARN

- · How to rake the leaves
- · How to mow the lawn
- · How to dig a hole for planting bulbs
- · How to cut a hedge
- · How to weed
- Helping with refreshments
- · Watering plants
- · Potting Flowers
- · Cleaning and looking after tools
- Lifting and moving things safely using a wheelbarrow

HEALTH & SAFETY

- WEAR PROPER WORK CLOTHES IE PROTECTIVE GLOVES AND BOOTS
- · BE CAREFUL OF SHARP TOOLS
- · BE SAFE AROUND A FIRE
- BE CAREFUL OF UNEVEN GROUND
- BEND YOUR KNEES WHEN PICKING HEAVY ITEMS UP AND USE A WHEELBARROW TO MOVE THEM

WHAT DID WE LEARN ABOUT OURSELVES?

I learned how to ask for help

James

l learnt that I had good motivation

Enily

I can carry on even when I don't feel like it

Jasmine

That helping other people makes me

Fiona

I've learned how to garden and I'm good at it now

Joshua

I learned to work as a team with new people

Ethan

I'm a good team worker

alice



What the Volunteers said

CHELMSFORD PARKS DEPT.



INITIAL THOUGHTS

thought it would be pretty good, a bit like a work taster test Langley

I was unsure what jobs I'd James. have to do.

I didn't know whether I'd like it Rosie.

Excited! Katie

Vervous about getting things right Berv

Why not? I've done work like this before on a farm

Good! I really wanted to do it Olivia

Thomas

WHAT DID WE LEARN ABOUT HORTICULTURE?

- · That you need to water plants regularly
- · How to plant a tree
- · That you need to weed the allotments
- · How to use a wheelbarrow
- That birds help keep plant pests at bay.
 That's why we made bird feeders
- · How to plant seeds the right distance apart
- · Trees help clean the air

HEALTH & SAFETY

- · WEAR SAFETY GLOVES
- · PUT THE TOOLS AWAY SAFELY
- · USE THE RIGHT EQUIPMENT
- . HAVE A MATURE ATTITUDE IE DON'T BE SILLY
- · LISTEN TO INSTRUCTIONS
- BE CAREFUL OF HAZARDS EG SLIPPY MUD
- . PAY ATTENTION TO WHAT YOU ARE DOING
- · CLOSE GATES
- · BE CAREFUL USING SHARP TOOLS

WHAT DID WE LEARN ABOUT OURSELVES?

rm good at doing tasks and can do a thorough job

Langley

I have found out that I like gardening

Rosie

Knowing how to grow stuff is my big achievement

Katie

I found it difficult working in the hot weather bending down all the time. It was exhausting

James

I can take on lots of hard work

Ben

I'm good at using the equipment and with the right equipment I can get a job done well.

Thomas

I know I can weed and also plant trees

Olivia