



information and advice on children's rights, children in care etc

[www.childrenscommissioner.gov.uk](http://www.childrenscommissioner.gov.uk)



advice on growing up, relationships, SEN, contraception etc

<http://www.fpa.org.uk/>



information, advice and support regarding drug and legal highs abuse

[www.talktofrank.com](http://www.talktofrank.com)



information and advice for parents regarding alcohol use

[www.alcholeducationtrust.org](http://www.alcholeducationtrust.org)



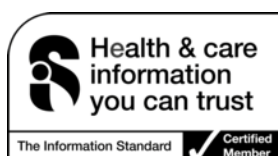
advice, information and support around relationships, sexual health, staying safe online, sexuality, body image etc

[www.brook.org.uk](http://www.brook.org.uk)



advice, guidance and coaching for parents around challenging behaviours, growing up, self-harm etc in children and teenagers.

[www.theministryofparenting.com](http://www.theministryofparenting.com)



Raising awareness about alcohol, health issues, legislation and drinking

<http://www.drinkaware.co.uk/>

[Please click here to see our link with useful information on how to protect your child from online abuse](#)