

THRIFTWOOD COLLEGE MEALS MENU

For Week: Monday 4th December – Friday 8th December 2017

Monday	Tuesday	Wednesday	Thursday	Friday
HOT OPTIONS				
Chicken Kiev with Cous Cous OR Jacket Potato with Tuna or Cheese	Ham, Tomato & Mushroom Pasta OR Jacket Potato with Cheese & Beans	Sausage & Tomato Casserole with Garlic Bread OR Jacket Potato with Tuna Mayo or Cheese	Breaded Fish with Pesto Potatoes OR Jacket Potato with Cheese & Beans	Sausages with Oven Baked Chips & Beans OR Jacket Potato with Cheese & Beans
VEGETARIAN OPTION				
Mexican Style Bean Burger with Cous Cous	Tomato & Mushroom Pasta	Veggie Sausage & Tomato Casserole with Garlic Bread	Cheese & Onion Crispbake with Pesto Potatoes	Veggie Sausages with Oven Baked Chips & Beans
SOUP OF THE DAY				
Cream of Tomato Soup with Crusty Bread	Vegetable Soup with Crusty Bread	Lentil & Bacon Soup with Crusty Bread	Cream of Chicken Soup with Crusty Bread	Minestrone Soup with Crusty Bread
BREAKTIME				
Selection of drinks and sweet & savoury snacks 20p – 80p See Café board for details	Selection of drinks and sweet & savoury snacks 20p – 80p See Café board for details	Selection of drinks and sweet & savoury snacks 20p – 80p See Café board for details	Selection of drinks and sweet & savoury snacks 20p – 80p See Café board for details	
COLD OPTIONS				
Fresh Tuna Mayo Roll or Cheese Roll	Fresh Egg Mayo Roll or Cheese Roll	Fresh Tuna Mayo Roll or Cheese Roll	Fresh Ham Roll or Cheese Roll	Fresh Ham Roll or Cheese Roll
Salad Bar with Freshly Prepared Ingredients to Build your own Salad + Choice of Dessert including Fresh Fruit	Salad Bar with Freshly Prepared Ingredients to Build your own Salad + Choice of Dessert including Fresh Fruit	Salad Bar with Freshly Prepared Ingredients to Build your own Salad + Choice of Dessert including Fresh Fruit	Salad Bar with Freshly Prepared Ingredients to Build your own Salad + Choice of Dessert including Fresh Fruit	Salad Bar with Freshly Prepared Ingredients to Build your own Salad + Choice of Dessert including Fresh Fruit