

# Essex Wildlife Trust

## Sunday Family Forest Schools



### What happens at Forest School?

Let them get outside and be active! Go bug hunting, build dens, balance on rope walks, make woodland craft, use tools, create wild art, play woodland games and learn how to light fires.

The only limit is your imagination!

Through fun packed activities our Forest School days will help to build confidence and develop social skills as well as teach basic Forest School skills and all in the beautiful setting of Abbots Hall Farm Forest School site.



- Sunday afternoons 1.30-4pm from 5th March
- Abbots Hall Farm Great Wigborough Essex CO5 7RZ
- £8 per child per session or £40 for six weeks
- **TRIAL SESSION £6 per child**
- All ages welcome. Adults and babes in arms free.





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### Booking Details

Booking essential: Limited to 15

Please book promptly to secure a place.

**To book contact:**

Email: [admin@essexwt.org.uk](mailto:admin@essexwt.org.uk)

Tel: **01621 862960**



Please wear clothes suitable for the weather of the day as we go out in all weathers – and you may get muddy!

Bring a drink and something to cook on the fire.

